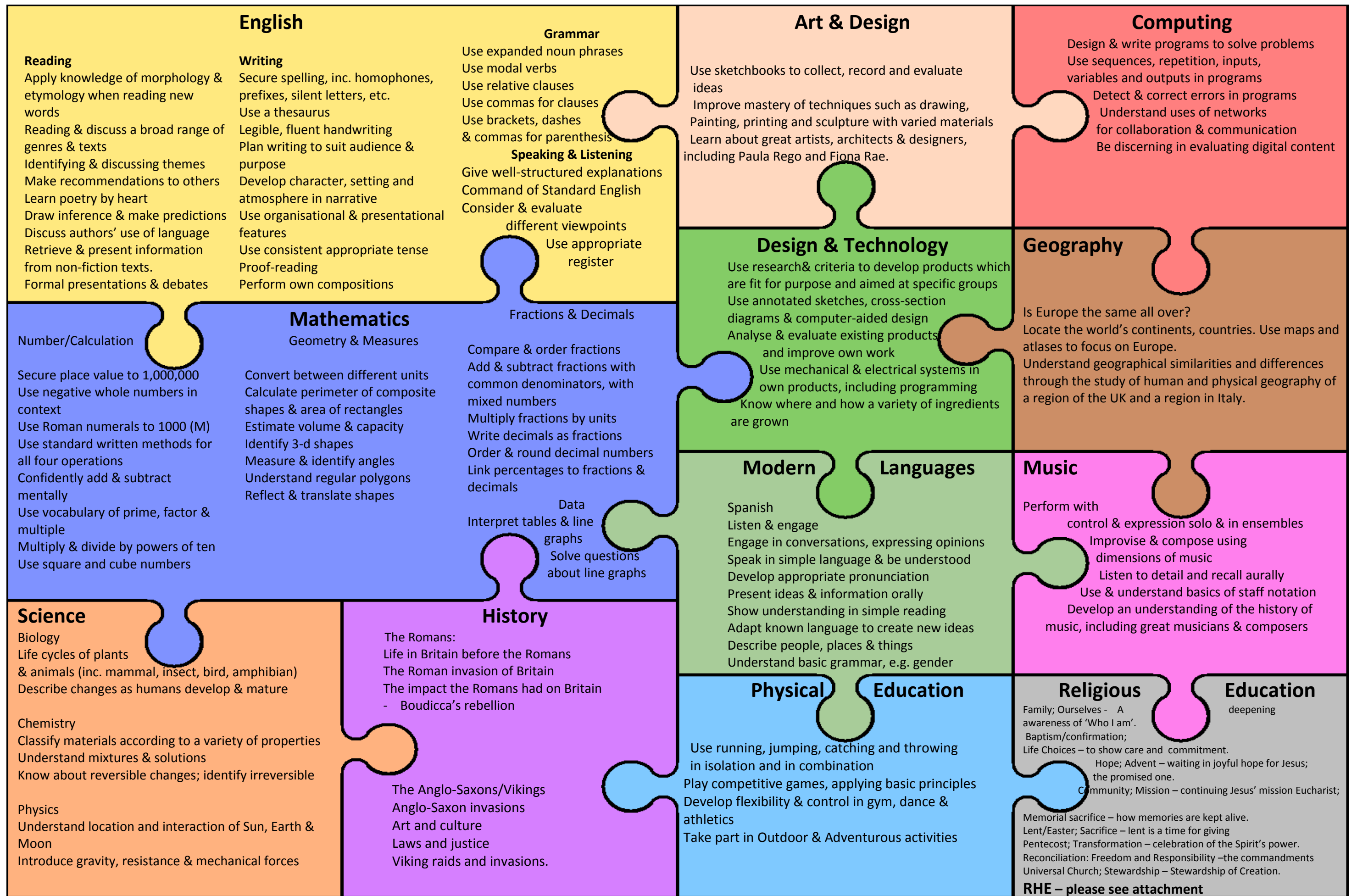


# Curriculum Overview for Year 5



## RHE Topics

### Autumn

- Gifts and Talents
- Girls' Bodies
- Boys' Bodies
- Spots and Sleep

### Spring

- Body Image
- Peculiar Feelings
- Emotional Changes
- Seeing Stuff Online
- Making Babies
- Menstruation
- Under Pressure
- Self-Talk

### Summer

- Cyberbullying
- Types of Abuse
- Impacted Lifestyles
- Making Good Choices
- Giving Assistance