

**Friday 11<sup>th</sup> March 2022**

**Subject:** Case of Covid-19 in Year 5M

Dear Parent/ Carer,

We have been made aware of a number of cases of Covid-19 within Mrs Marshall's class, Year 5M.

In line with the Government and NHS recommendations our school policy is that students and staff who test positive for Covid-19 must not attend school for a minimum of 5 days. They should remain at home and they should self-isolate. We ask parents and carers to inform us if their child tests positive for Covid-19.

Covid-19 has not gone away and we still need to be vigilant regarding the symptoms. If your child has symptoms of Covid-19 they must begin self-isolating and get a test as per Government guidelines. This is an infectious disease and we will continue to treat it as so, as we would with other illnesses, eg vomiting and diarrhoea etc. The health and safety of everyone on site remains our highest priority and I look forward to your support.

We ask you remain to be vigilant.

### **What are the Symptoms of Covid-19?**

For many people, coronavirus (Covid-19) will be a mild illness. The most common symptoms of coronavirus (Covid-19) are recent onset of:

- new continuous cough and/or;
- high temperature and/or;
- a loss of, or change in, normal sense of taste or smell (anosmia).

However, people frequently present with a wider range of symptoms. Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>.

### **How can you stop Covid-19 spreading?**

There are lots of simple things you can do in your everyday life to help reduce the risk of you and anyone you live with getting Covid-19 or spreading it:

- Wash your hands regularly with soap and water for at least 20 seconds;
- Use hand sanitiser gel if soap and water are not available;
- Wash your hands as soon as you get home;
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze;
- Allow ventilation into your house or workplace by opening windows and doors;
- Try to meet people outdoors if possible;

- Put used tissues in the bin immediately after using them and then wash your hands;

Many thanks for your ongoing support in keeping our staff, pupils, families, and community safe.

Yours sincerely,

A handwritten signature in black ink, appearing to be 'M Mountcastle', written in a cursive style.

M Mountcastle