

Tuesday 7<sup>th</sup> December

## **Warn and Inform**

Dear Parent/ Carer,

We have been advised that there has been a further confirmed case of COVID-19 within your child's class; Year 5M, Mrs Marshall's.

In line with the national guidance, children aged under 18 years are no longer required to self-isolate if they are a close contact of someone who has tested positive for COVID-19, unless they live in the same household as the positive case.

Trafford are asking all students and staff members who live with someone who has Covid to do daily lateral flow tests (LFD test) before coming into school. Pupils should start this testing from the day their household member either became unwell with Covid or tested positive if they did not have symptoms and continue this for 10 days.

**If your child is a contact of a case in school, please book them in to take a PCR test as soon as possible (unless they have had a positive PCR test in the last 90 days).**

**If your child develops symptoms of COVID-19, they must not come to school and should remain at home. They must get a PCR test as soon as possible and isolate until the result is available. People who get a positive PCR test must continue to isolate as usual. PCR tests can be booked via <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested> or by calling 119.**

## **What to do if your child develops symptoms of COVID-19**

If your child develops symptoms of COVID-19, they must isolate and you should arrange a test for your child via <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested> or by calling 119.

If the test result is positive, your child will be required to self-isolate for a period of 10 days from the day that their symptoms started. Please inform us if your child has a positive test result.

If your child's test result is negative, they can continue with their normal activities if they are well enough to do so.

## **Symptoms of COVID-19**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or;

- high temperature and/or;
- a loss of, or change in, normal sense of taste or smell (anosmia).

However, people frequently present with a wider range of symptoms. If you or your child feel newly unwell with Covid-19 symptoms, then please access a PCR test. For many people, coronavirus (COVID-19) will be a mild illness.

### **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting COVID-19:

- wash your hands with soap and water often – do this for at least 20 seconds;
- use hand sanitiser gel if soap and water are not available;
- wash your hands as soon as you get home;
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze;
- allow ventilation in the house through opening windows;
- put used tissues in the bin immediately and wash your hands afterwards.

### **Test and Trace Support Payments**

If a person is asked to self-isolate by NHS Test and Trace and is on a low income, unable to work from home and will lose income as a result, they may be entitled to a payment of £500 from their local authority under the Test and Trace Support Payment scheme. This now applies to parents/ carers who cannot work from home and will lose income by self-isolating or staying at home to care for the child.

Further details are available via: <https://www.gov.uk/test-and-trace-support-payment>

### **Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>.

Yours sincerely,



M Mountcastle