

A list of helpful websites that will help to support you and your child during this time.

On March 30th the Government issued comprehensive guidance for parents and carers on supporting young children's health and well-being.

<https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing/guidance-for-parents-and-carers-on-supporting-children-and-young-peoples-mental-health-and-wellbeing-during-the-coronavirus-covid-19-outbreak>

Social Stories to help explain what corona-virus is to children

<https://theautismeducator.ie/2020/03/11/corona-virus-social-story/>

<https://littlepuddins.ie/coronavirus-social-story/>

<https://carolgraysocialstories.com/wp-content/uploads/2020/03/Pandemics-and-the-Coronavirus.pdf>

<https://www.twinkl.co.uk/resource/coronavirus-social-situation>

Books to explain corona-virus

Don't Worry, Little Bear!

This lovely story on the [Early Years Story Book](#) website, is to help explain corona-virus to children and to assure them that everything will be okay.

<https://www.earlyyearsstorybox.com/corona/>

<https://www.earlyyearsstorybox.com/wp-content/uploads/2020/04/Pack-of-positivity.pdf>

Book to explain corona-virus illustrated by Axel Scheffler (The Grufulo)

https://nosycrowcoronavirus.s3-eu-west-1.amazonaws.com/Coronavirus_ABookForChildren.pdf

Corona-virus booklet for children with activities

https://660919d3-b85b-43c3-a3ad-3de6a9d37099.filesusr.com/ugd/64c685_0a595408de2e4bfcfbf1539dcf6ba4b89.pdf

Video to explain corona-virus and social distancing

https://www.youtube.com/watch?v=DA_SsZFYwOw

Supporting young children's health and well-being

<https://www.annafreud.org/what-we-do/anna-freud-learning-network/coronavirus/>

<https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/>

Video and information about washing your hands for children with sensory difficulties

<https://www.sensoryintegration.org.uk/News/8821506>

https://www.youtube.com/watch?v=zxlQn7KaCNU&feature=emb_title

The Trafford directory has lots of helpful advice and links explaining the corona-virus to children with SEND.

<https://www.trafforddirectory.co.uk/kb5/trafford/fsd/advice.page?id=f6vo78CzRjM>